

CERTIFICATE OF COMPLETION



Saliha Ceren Ekiz

Name

License No.

has completed all requirements to receive CE or CME credit for this recorded distance learning activity

CBT for Anxiety

Led by Judith S. Beck, Ph.D.

This certificate granted on Nov 18 2020, documents your successful completion of the activity. This professional continuing education activity was sponsored by the Institute for Better Health (IBH), PO BOX 5710, Santa Rosa, CA 95402, 707-595-9010, whose continuing education program has been approved by the organizations listed below and jointly sponsored by the Beck Institute. IBH, as the approved sponsor, maintains responsibility for the program. IBH designates this internet enduring material offering for 16 hours of CE/CME credit. Please retain this Certificate for a period of seven years.

COUNSELOR & MFT: IBH has been approved by the Texas Board of Examiners of Marriage and Family Therapists to provide CE offerings for MFTs. Provider Number 154. Institute for Better Health, Inc (IBH) is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0063. This course is approved for 16 contact hours.

EDUCATORS: The Institute for Better Health has been approved by the Washington State Professional Educator Standards Board (WESPSB), a member of NASDTEC, as a Clock Hour Provider for Educators. Learners may claim 16 hours for this activity. Please contact your individual state boards for information regarding reciprocity and any additional requirements.

NURSING: Institute for Better Health, Inc is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Institute for Better Health is approved by the CA Board of Registered Nursing (BRN Provider CEP #2672) for 16 contact hours.

PSYCHOLOGISTS: Institute for Better Health is approved by the American Psychological Association to sponsor continuing education for psychologists. Institute for Better Health maintains responsibility for this program and its content. This course is approved for 16 contact hours.

PHYSICIANS: The Institute for Better Health (IBH) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The Institute for Better Health designates this internet enduring material activity for a maximum of 16 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

SOCIAL WORK: Institute for Better Health SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0091. Social workers may earn 16.00 contact hours. As an approved continuing education provider for the Texas State Board of Social Worker Examiners, IBH offers continuing education for Texas licensed social workers in compliance with the rules of the board. License No. 3876; MC 1982, PO Box 149347, Austin, TX 78714, (512) 719-3521.

Spencer Smith, IBH Executive Director